

CO-OCCURRING DISORDERS TRAINING SERIES

Description:

The co-occurring disorders training series is designed and intended to provide cross-disciplinary training to behavioral healthcare providers and provide the basic core competencies to work with individuals with co-occurring substance use and mental health disorders. Upon completion of the training series, you will be able to integrate the learned competencies to effectively improve treatment outcomes.

Overall Learning Objectives:

The Co-Occurring Disorders Training Series is designed to equip participants with skills, strategies, and tools to:

1. Examine issues related to the treatment of co-occurring mental health and substance use disorders in community treatment settings.
2. Identify the most common co-occurring disorders
3. Utilize integrated screening and assessment tools to determine how signs, symptoms of mental illness and substance use.
4. Describe models of treatment that illustrates evidence supported practices.
5. Engage in group discussion to identify best practices.

DAY 1:

9:30am–12:30pm Overview of Co-Occurring Disorders & Principles of Integrated Treatment

This module will review the prevalence of co-occurring mental health and substance use disorders, review the principles of integrated treatment as an evidence-based model of care. (3.0 CE)

DAY 2:

9:30am–12:30pm Mental Health & Substance Related Disorders

This module will review the symptoms of the most common mental health and how the effects of substance use mask and mimic a mental health disorder. (3.0 CE)

DAY 3:

9:30am–12:30pm Integrated Screening & Assessment

This module will review the principles of integrated screening and the essential components of conducting an Integrated Assessment.

DAY 4:

9:30am–12:30pm Stage-Wise Treatment & Motivational Interviewing

This module will review the Transtheoretical Model of Change and how to assess each stage of change; in addition, review the core skills of motivational interviewing and its effective application to each stage of change. (3.0 CE)

DAY 5:

9:30am–12:30pm Trauma & Co-Occurring Disorders

This model will review the prevalence of trauma and co-occurring disorders, and the principles of a trauma-informed care for the treatment of cooccurring disorders. (3.0 CE)